

ALCOHOL AND YOUR DEVELOPING HYPOTHALAMUS

Hypothalamus

Vocabulary Words

Endocrine system

This body system is in charge of slower body processes, like cell growth. It is made up of glands and hormones.

Pituitary

The major endocrine gland, attached to the base of the brain. It is important in controlling growth, development, and the functions of other glands.

Stimulate

To make something more active.

Gland

Important cells or organs all over your body that produce important secretions, or liquids, like saliva or sweat.

Hormone

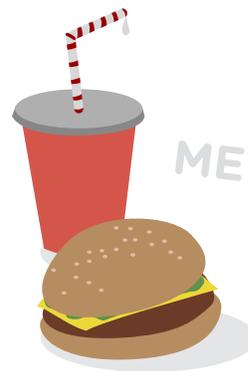
Special chemicals in the body that help it grow and develop.

Metabolism

The process the body uses to convert the food we eat into energy. Every time you eat and swallow, your body processes the nutrients and turns them into fuel.



HORMONE



METABOLISM

STIMULATE



To learn more about teaching units on the impacts of underage drinking and peer pressure, see additional lessons from *Ask, Listen, Learn*

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Kids and alcohol don't mix.

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