

ALCOHOL AND YOUR DEVELOPING HYPOTHALAMUS

Hypothalamus



Goal Setting

Write your answers in full sentences.

1 What is your goal?

2 Why do you want to achieve that?

3 How much time do you have to reach your goal?

4 What steps are you going to take to make sure you reach your goal?

To learn more about teaching units on the impacts of underage drinking and peer pressure, see additional lessons from *Ask, Listen, Learn*

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