



# ACHIEVE BALANCE

Say "YES" to a healthy lifestyle

and "NO" to underage drinking.

**Aly Raisman**—  
Two-Time Gold Medalist and  
U.S. Women's Gymnastics  
Team Captain

SCHOLASTIC and associated logos are trademarks and/or registered trademarks of Scholastic Inc. All rights reserved. Photo: © Kazuhiro Nogaj/AFP/Getty Images.