

I DO WHATA DO

G N C S A Y N O G I S E I E G
 N D R E C E S N P M I L K N N
 O L A S F O I B O M N C G I I
 S G F N K N O T N B B Y O L T
 O N T A N A S T F Q S C C O I
 C I S U M O T N E T S I L P R
 D N R E R N N E R R O B S M W
 R R M B M L L A B T E K S A B
 B A S E B A L L H O E K B R R
 R E A D I N G A A M A E A T O
 S L I N K T E O B B N R M N N
 B O A R D G A M E S T I D S I
 D G N I M M I W S D D O A I L
 F R I E N D S I S E I V O M S
 D O N T D R I N K T R V A F T

FOOTBALL SAY NO
 SCOOTER LEARNING
 VIDEOGAMES LISTEN TO MUSIC
 ARTS BASKETBALL
 FRIENDS SWIMMING
 BOARDGAMES MOVIES
 DON'T DRINK CRAFTS
 TRAMPOLINE RUNNING
 BASEBALL READING
 SKATEBOARD BICYCLE
 WRITING

SAY "YES" TO A HEALTHY LIFESTYLE

And "NO" to alcohol because it can change your body, change the way you think, even change your personality.

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