



# CONVERSATION CHECKLIST

When conversations between parents and kids about alcohol increase, underage drinking rates decrease

- ✓ Have a calm, positive attitude
- ✓ Be prepared with the facts
- ✓ Listen and ask follow-up questions
- ✓ Don't dumb it down—kids are smart
- ✓ Start early and continue often
- ✓ Don't underestimate yourself. Parents are the #1 influence on kids' decisions to drink - or not drink - alcohol



to learn more visit:

[AskListenLearn.org](https://www.AskListenLearn.org)

