Alcohol
A substance also called ethanol, found in drinks like beer, wine, and liquor, that can make a person drunk. Drinking alcohol is illegal and dangerous for anyone under the age of 21.

Neuroscience
The study of the brain and nervous system.

Nervous System
A system in your body that is made up of your brain, spinal cord, and nerves. This system sends messages between the brain and other parts of your body that are responsible for controlling movement and feeling.

Neuron
A nerve cell; a special cell that carries messages between the brain and other parts of the body.

Neurotransmitter
A chemical substance that carries a message from one neuron to another.

Excitatory neurotransmitter
A neurotransmitter that stimulates brain activity; makes brain functions more active.

Inhibitory neurotransmitter
A neurotransmitter that slows down brain activity.

Agonist
A chemical substance that can boost the effects of other chemicals in the brain.

Antagonist
A chemical substance that reduces the effects of other chemicals in the brain.

To learn more about teaching units on the impacts of underage drinking and peer pressure, see additional lessons from Ask, Listen, Learn

See all lessons

Kids and alcohol don't mix.
For more info head to AskListenLearn.org