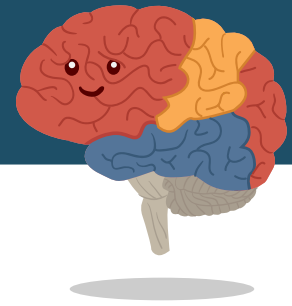


ALCOHOL AND YOUR DEVELOPING CEREBRAL CORTEX

Cerebral Cortex

Decision Making



Scenario

It's Friday night and your friends are getting together for pizza and a movie. When you get there, the movie is playing in the background, your friends tell you to help yourself to pizza, and on the counter, is a bowl for red fruit punch. You reach for the ladle and realize it smells *off*. You ask your friend what it is and they say, "punch" and start laughing, telling you to have some. You think the punch has alcohol in it and really don't want any. *What do you do next?*

Step 1 Define the problem.

Step 2 Create a pro's and con's list.

Good things that will happen if I drink the punch

EX: *I won't make my friend upset*

Bad things that could happen if I drink the punch.

EX: *If there's alcohol in it, I could get sick*

To learn more about teaching units on the impacts of underage drinking and peer pressure, see additional lessons from *Ask, Listen, Learn*

[See all lessons](#)

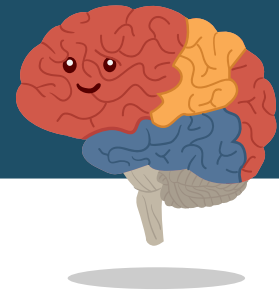


For more info head to [AskListenLearn.org](https://www.AskListenLearn.org)

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Step 3 Effectively communicate your decision
Use the skills you learned in your last unit!

Step 4 Share the conversation you would have by writing it out below in full sentences. Think about what would happen if your friend continued to pressure you. Is there someone who you could trust to talk with?

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