## LESSON 2  Alcohol and Your Developing Central Nervous System

### Content
- Further understanding of neurotransmitters
- How alcohol affects the central nervous system

### Student Objectives
**Students will be able to:**
- Conceptualize the functions of the central nervous system
- Describe the functions of neurotransmitters
- Communicate the way in which alcohol slows the central nervous system and identify specific affects it has on the body by writing and performing a skit
- Understand that different factors, like weight and gender, contribute to the impact of alcohol on the body

### Classroom Activities
- Video and class discussion
- Central Nervous System Metaphor Skit
- Website text reading and discussion

### Assessment
**Formative:**
- Written discussion questions
- Vocabulary homework
**Formative/Summative:**
- Performed skits

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### Standards

**CCSS:**
- RI.5-7.1
- RI.5-7.2
- RI.5-7.4
- RI.5-7.7
- RI.5-7.10
- RST.6-8.1
- RST.6-8.2
- RST.6-8.4
- W.5-7.10
- WHST.6-8.10
- L.5-7.4
- L.5-7.5
- SL.5-7.1
- SL.5-7.2
- SL.5-7.4

**NHEA:**
- 1
- 3
- 4

**NGSS**
- MS.LS1.3
- MS.LS1.5

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To learn more about teaching units on the impacts of underage drinking and peer pressure, see additional lessons from Ask, Listen, Learn

See all lessons

For more info head to AskListenLearn.org

Kids and alcohol don't mix.