### LESSON 1 Alcohol and Your Brain

<table>
<thead>
<tr>
<th>Content</th>
<th>Student Objectives</th>
<th>Classroom Activities</th>
<th>Assessment</th>
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<tbody>
<tr>
<td>• The job of neurotransmitters in the brain</td>
<td><strong>Students will be able to:</strong></td>
<td>• Pre-lesson neurotransmitter activity</td>
<td><strong>Formative:</strong></td>
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<td>• How alcohol affects neurotransmitters</td>
<td>• Conceptualize neurotransmission using physical movement</td>
<td>• Video and class discussion</td>
<td>• Written discussion questions</td>
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<td>• Communicate the way in which alcohol slows brain function through discussion</td>
<td>• Read “Brain Drain” text and use a Venn diagram to</td>
<td>• Venn diagram</td>
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<td>questions and comparing information</td>
<td>compare to the video</td>
<td>• Vocabulary homework</td>
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<td>• Identify alcohol’s impact on neurotransmission</td>
<td>• Neuron Bobsled game</td>
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</table>

**Standards**

**CCSS:**
- RI.5-7.1
- RI.5-7.2
- RI.5-7.4
- RI.5-7.7
- RI.5-7.10
- RST.6-8.1
- RST.6-8.2
- RST.6-8.4
- R.5-7.10
- WHST.6-8.10
- L.5-7.4
- SL.5-7.1

**NHEA:**
- 1 3

**NGSS**
- MS.LS1.2
- MS.LS1.3
- MS.LS1.8
- MS.LS1.5

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**To learn more** about teaching units on the impacts of underage drinking and peer pressure, see additional lessons from *Ask, Listen, Learn*

**See all lessons**

For more info head to *AskListenLearn.org*