### Lesson 4: Alcohol and Your Developing Cerebral Cortex

**Content:**
- Cerebellum functionality
- How alcohol affects coordination and motor skills

**Student Objectives:**
Students will be able to:
- Identify the functions of the cerebellum
- Communicate the impact of alcohol on the cerebellum
- Recognize the physical effects alcohol can have on coordination and motor skills, both physical and verbal
- Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce the health risks

**Classroom Activities:**
- Video and class discussion
- Clear communication discussion
- Verbal Coordination Activity
- Peer pressure discussion
- Practice Saying No group activity

**Assessment:**

**Formative:**
- Written discussion questions
- Classroom discussion
- Vocabulary homework

**Formative/Summative:**
- Practice Saying No worksheet

**Standards**

**CCSS:**
- RI.5-7.1
- RI.5-7.2
- RI.5-7.4
- RI.5-7.10
- RST.6-8.1
- RST.6-8.2
- RST.6-8.4
- RST.5-7.10
- W.5-7.10

**NHEA:**
- 1
- 2
- 3
- 4
- 5
- 7
- 8

**NGSS**
- MS.LS1.2
- MS.LS1.3
- MS.LS1.8

To learn more about teaching units on the impacts of underage drinking and peer pressure, see additional lessons from Ask, Listen, Learn.

See all lessons

For more info head to AskListenLearn.org