## STANDARDS ALIGNMENT

### LESSON 6  Alcohol and Your Developing Hypothalamus

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| • Hypothalamus functionality  
• How the endocrine and nervous systems work together and impact hormone production  
• How alcohol affects hormones | **Students will be able to:**  
• Identify the functions of the hypothalamus  
• Conceptualize the relationship between the endocrine and nervous systems, as well as hormone production by drafting an infographic that highlights this information  
• Recognize the effects of alcohol on hormones and write to persuade others about the dangers of drinking  
• Demonstrate the ability to use goal-setting skills to enhance health | • Video and class discussion  
• Kids’ Health website reading and discussion  
• “Protect Your Body” text read-aloud  
• How alcohol affects the brain activity  
• Design Your Own Infographic activity and writing assignment  
• Goal-setting video and discussion  
• Goal-setting activity | **Formative:**  
• Written discussion questions  
• Vocabulary homework  
• How alcohol affects the brain activity  

**Formative/Summative:**  
• Goal-setting activity  

**Summative:**  
• Infographic and writing assignment |

### Standards

#### CCSS:
- RI.5-7.1
- RI.5-7.2
- RI.5-7.4
- RI.5-7.10
- RST.6-8.1
- RST.6-8.2
- RST.6-8.4
- RST.5-7.10
- W.5-7.1
- W.5-7.4
- W.5-7.8
- W.5-7.10
- WHST.6-8.1
- WHST.6-8.4
- WHST.6-8.8
- WHST.6-8.10
- L.5-7.1
- L.5-7.2
- L.5-7.3
- L.5-7.4
- SL.5-7.1
- SL.5-7.2
- SL.5-7.4
- SL.5-7.5

#### NHEA:
- 1
- 3
- 4
- 6
- 8

#### NGSS
- MS.LS1.3
- MS.LS1.8

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To learn more about teaching units on the impacts of underage drinking and peer pressure, see additional lessons from Ask, Listen, Learn

See all lessons

For more info head to AskListenLearn.org